

- 2 -

MINUTES OF THE 4TH ANNUAL GENERAL MEETING OF
THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

held at The Royal Society of Medicine on Friday, 30th March, 1979.

The Meeting was attended by 19 Members and Associates.

1. Apologies for absence were received from: Dr. Backer, Dr. Brown, Dr. Dewsbury, Dr. Freedman, Dr. Gregson, Dr. Houghton, Dr. Lincoln, Dr. Thexton, Dr. Tobert, Dr. Yorston.

A special message of good wishes for recovery was sent to Dr. Pasmore, who was prevented from attending by her recent illness.

2. The Minutes of the 3rd Annual General Meeting were agreed and signed.

3. Arising from the Minutes

14.1 Affiliation with N.A.F.P.D.

The Council had decided that, while maintaining a policy of friendly relations, they would not pursue this matter at the moment.

4. Secretary's Report

Dr. Blair reported that the Council recommended that Associates who had only paid £5. for this year's subscription would not be asked to pay extra money, but that in future the subscription would be £7.50. This was agreed.

The Secretary's report, circulated with the Agenda, was discussed and the following resolutions passed:-

- i. That the President has a position of eminence and represents the Institute in scientific matters, with no fixed term.
That Dr. Main should be President and also have an active position as Consultant on Training.
- ii. That there should be a new position of Chairman of the Council - elected by the Council with a term of office not normally more than three years.
- iii. That the Treasurer should not normally serve for more than 5 years.
- iv. That the Director of Training should be an Officer of the Institute.

The Secretary's report was adopted.

5. Director of Training's Report

Groups

Advanced. The leaders training seminar, senior research seminar and Middlesex Hospital seminar (re-formed) continue, as do the mixed groups at Sharpethorne and Alton. There is a new advanced group at the West London Hospital; Cheltenham has become advanced; advanced leaders lead mixed groups in Nottingham and Cambridge (2). The new Newcastle advanced group is an exciting experiment. Dr. Main travels to Newcastle monthly to lead two new groups. In between he leads these groups by telephone from Sussex with the assistance of his associate leader Dr. Freedman on the spot. This may clearly have great potential, if successful, in terms of training from a distance in future.

New advanced seminars are in planning for Bromley, the Cassel Hospital and perhaps Wiltshire. (approx. 100 doctors known to be in advanced training).

The following basic training groups have completed their course:- St. Albans, Ashford, Maidstone (continues informally), Middlesex Hospital, City, Reading, three in Newcastle. Norwich continues.

Proposed groups in Chester and Yeovil and one of two new groups in

Liverpool have not, I understand, got off the ground before becoming accredited. New groups are in planning for Wakefield, perhaps Bath, Brighton/Worthing, Isle of Wight and the Middlesex Hospital (convening now).

New groups have begun at Leeds (two), Huddersfield, Sheffield, Carlisle, Barnet, Southampton and Plymouth. (approx. 200 further doctors trained, in training or waiting this year).

Training Committee Matters.

Accreditation of Leaders

The accreditation regulations for basic training leaders are already clearly laid down in the Training Regulations. Confusion occasionally occurs in hard cases. Accreditation of a trainee leader is not automatic upon their attendance at the workshop or upon completing a course as associate to an accredited leader. They must be recommended to the training committee on the evidence of the skills demonstrated in one or both of these ways. Meanwhile, however, members of their groups may apply for associate membership on satisfactory completion of two terms as usual.

The Council asked us to consider the criteria by which experienced basic training leaders might be accredited as Advanced leaders, and the Committee made the following proposals which were accepted. (We believe they may be improved upon and shall continue to review).

Dr. Hana Backer was proposed and accredited by Council as an Advanced leader.

Criteria.

1. They should have been an accredited basic leader for at least five years and/or have led successfully at least two groups.
2. They should have demonstrated their skills at the advanced leaders workshop (qv later) which may form a "Court" of accreditation consisting of all advanced leaders with a quorum of four.
3. This court to recommend their accreditation to the training committee and hence Council.
4. They should demonstrate sufficient confidence and competence not only in psychosexual medicine but in leadership techniques also, as not to require workshop supervision in order to maintain Institute standards of training. (Of course we all hope to go on learning, and benefiting from the mutual criticism of our peers, for life! But advanced leaders should be able to work independently in the training of doctors who are themselves, at this level, aspiring specialists).

(N.B. Members of groups led by basic training leaders may apply for panel examination when ready if no formally accredited advanced leadership is available in their locality).

Proposed advanced leaders workshop.

The present leaders training seminar consists largely of new leaders or leaders in training. It is hoped that a monthly meeting of advanced leaders can be arranged, not only to form the Court at which potential advanced leaders may show their skills, but where mutual sharing of leadership problems and exploration of experimental techniques may take place.

Weekend workshop.

It was proposed at Cheltenham that a residential weekend (Friday evening - all day Saturday) might be arranged annually. Here leaders who are not otherwise able to get together might share intensive workshop discussion as well as administrative problems. I have been exploring possibilities with the help of Mr. Patterson of Wyeth, but at date of going to press it seems wiser to look for next Spring rather

than this Summer as I had hoped. We are more likely by then to have heard about DHSS financial support for expanding the training of trainers.

DHSS I have personally been in touch with the Department in the hope of such financial aid. There are hopes, but we have to wait patiently!

"Marriage matters" This is the published report of the Home Office Working Party on the marriage guidance services, of which I and, earlier Dr. Tom Main, were members. We got a not bad press therein, both as a clinical and a training body. Since this is a government document it is a start towards recognition perhaps.

Other encouraging items in this regard were invitations to give an account and demonstration of our work to the Institute of Psychoanalysis (at which Dr. Main, I and my Middlesex group "performed") and to give the introductory address to the Psychotherapy section's weekend conference of the Royal College of Psychiatrists in Scotland.

Among the usual requests for training information I receive from abroad, this year have been letters or visits from Australia (several) New Zealand, Bombay FPA, Ireland, Scotland, Washington DC and California (where one colleague was kind enough to say it was clear we began 20 years ago where Masters and Johnson left off!!)

Regional Co-ordinators

A fact of my task is that when requests for training come to me from areas far from London, I have to seek the advice of certain key individuals who live there. While the Director of Training may give them "official" support for their own plans, their local knowledge of geography, personalities and politics are indispensable to me. I therefore asked the Council for permission to appoint such key figures as "regional co-ordinators" for my term of office and they agreed to my appointments of Dr. Roland Freedman (North East) and Dr. Joan Coombs (North) jointly, and of Dr. Hana Backer (Wales/West). I can visualise that if the demand continues to expand as it has these four years, a future Director of Training might wish to propose such an arrangement as a matter of constitution.

Comments.

The expansion in demand for training seems to continue unabated. We have more leaders trained and in training. Unfortunately the continuing dilemma is that local authorities with enthusiasm and money do not always coincide geographically with the leaders available. We have areas with experienced leaders unemployed as such; others where there is demand and funding but no trained leader. We do what we can with workshop supervision but have to accept there are sometimes real conflicts between this attempt and our determination to maintain professional standards. Dr. Main's "telephone groups" become thus particularly significant. We may become an Open University yet!!

At Dr. Kilvington's request, Dr. Main described his experience in leading the Newcastle group by telephone.

Dr. Tunnadine said there were now ten Advanced leaders.

The Report was adopted.

6. Treasurer's Report

Dr. Hutchinson discussed the draft accounts, which are attached to the Minutes. It was agreed that the draft accounts be accepted, and the meeting be left open until the accounts are audited.

It was also agreed that in future accounts would be submitted quarterly to the auditors, even though this would increase their fee.

7. Editor's Report

The Editor explained that the Newsletter is now reproduced on the Roneo which reduces the expense considerably but leads to some delay in distribution. All those who had contributed were thanked, especially Dr. Thexton and Dr. Hinshelwood for their reports of meetings.

Dr. Lincoln had agreed to become Editor, with the assistance of Dr. Thexton as Deputy-Editor.

The Editor's report was adopted.

8. President's Report

Dr. Main said that now the Institute was established there was some danger of falling into routine practices instead of fresh thinking for every case.

Dr. Main then thanked officers for their work during the year and drew attention to the amount of unseen work that was done by the Secretary, Treasurer and Director of Training. A vote of thanks to all the officers was passed.

Dr. Main then thanked the Secretaries who had accepted responsibility for specific activities and asked them to give a brief account of their work. Dr. Backer, Correspondence Secretary was thanked in her absence.

9. Panel Secretary

Dr. Morrow reported that there had only been one panel. Considerable time had been spent on reviewing the work of the panel, as described in the Newsletter, and it was felt that a permanent panel was more satisfactory.

10. Publication Secretary

Miss Valerie Thompson reported that the transcript of the Cheltenham weekend was held up as one of the speakers was anxious about the confidentiality of a case study.

11. Programme Secretary

Dr. Barne announced that the weekend meeting would be held at Cheltenham on October 6-7th 1979. She said that in future speakers would be asked to submit written papers, and the discussion and Chairman's remarks would be taped. Assistance with this would be welcome.

12. The Register

Dr. Deman reported that the Registers had been received, but were already incorrect, due to the delay on copying. After up-dating and costing they would be available for distribution.

13. Secretary of the Non-Consummation Research Group

Dr. Bramley reported that 31 cases had been registered for the Nuffield Study. Only one, of the 50 cases registered, remained to complete the 6/12 treatment in the Pilot Project. A full report will be given at the Cheltenham Meeting.

14. Election of Council

The following twelve members had been nominated and seconded, to fill the twelve places on the Council.

Dr. Backer, Dr. Berry, Dr. Blair, Dr. Bramley, Dr. Coombs, Dr. Deman, Dr. Draper, Dr. Freedman, Dr. Hutchinson, Dr. Lincoln, Dr. Morrow, Dr. Tunnadine.

DRAFT

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST DECEMBER 1978

<u>INCOME</u>	<u>1978</u>		<u>1977</u>	
	£.	£.	£.	£.
Subscriptions	1,326		839	
Tax recoverable under Subscribers' Covenants	<u>188</u>	1,514	<u>105</u>	944
Donations		15		-
Seminar Fees		-		65
Bank Deposit Interest		21		18
Sale of Regulations		<u>13</u>		<u>-</u>
		1,563		1,027
 <u>Less Expenditure:</u>				
Hire of Hall	110		50	
Secretarial Expenses	350		63	
Printing and Stationery	88		48	
Research Group Project	-		65	
Training, Net Expenditure	91		-	
Newsletter	149		316	
Accountancy and Audit	162		86	
Travelling Expenses - Council Meetings	112		-	
Bank Charges	6		3	
Sundry Expenses	14		4	
Depreciation: Office Equipment	<u>3</u>	1,085	<u>3</u>	638
 <u>Excess of Income over Expenditure</u>				
<u>transferred to Capital Account</u>		<u>£ 478</u>		<u>£ 389</u>

DRAFT

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

BALANCE SHEET AS AT 31ST DECEMBER 1978

<u>CAPITAL ACCOUNT</u>	1978		1977	
	£.	£.	£.	£.
Balance at 1st January 1978	1,306		917	
<u>Add</u> Excess of Income over Expenditure for the year	478	1,784	389	1,306
<u>Monkton Fund</u> (Note 1)		4,746		4,617
<u>Research Fund</u> (Note 2)		2,612		883
<u>Creditors</u>		<u>248</u>		<u>89</u>
		<u>9,390</u>		<u>6,895</u>
 <u>Represented by:</u>				
<u>Office Equipment</u> , at Cost	40		40	
<u>Less</u> Depreciation to date	<u>14</u>	26	<u>11</u>	29
<u>Cash at Bank:</u>				
Capital Account	1,818		1,261	
Monkton Fund	2,477		406	
Research Fund	<u>230</u>	4,525	<u>630</u>	2,297
<u>Cash in Hands of</u>				
Dr. M. Bramley - Research Fund		2,382		253
<u>Loan - Monkton Fund</u>				
£2,000 Local Authority 8 1/2% Yearling Bonds	2,000		4,012	
<u>Add</u> Interest accrued	<u>120</u>	2,120	<u>126</u>	4,138
<u>Debtors - Income Tax recoverable:</u>				
Capital Account	188		105	
Monkton Fund	<u>149</u>	<u>337</u>	<u>73</u>	178
		<u>9,390</u>		<u>6,895</u>

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

NOTES ON ACCOUNTS

1.	<u>MONKTON FUND</u>	1978		1977	
		£.	£.	£.	£.
	Balance at 1st January 1978		4,617		804
	Donations		1,100		4,850
	Fees		189		-
	Bank Deposit Interest		26		31
	Loan Interest received		96		215
	" " accrued		120		126
			<u>6,148</u>		<u>6,026</u>
	<u>Less Expenditure</u>				
	Travelling Expenses - Advanced Seminars	549		452	
	Research Group	129		308	
	Secretarial Expenses	707		649	
	Sundry Expenses	17	1,402	-	1,409
			<u>£4,746</u>		<u>£4,617</u>
	Balance at 31st December 1978				
			<u><u>£4,746</u></u>		<u><u>£4,617</u></u>
2.	<u>RESEARCH FUND</u>				
	Balance at 1st January 1978		883		-
	Donations		4,489		964
			<u>5,372</u>		<u>964</u>
	<u>Less Expenditure</u>		2,760		81
	Balance at 31st December, 1978 (provisional)		<u><u>£2,612</u></u>		<u><u>£ 883</u></u>